SOW IT GROWS

TWO DAYS OF FARM TOURS
THROUGHOUT NORTH
CENTRAL FLORIDA

Saturday April 25th
& Sunday April 26th

SOW IT GROWS
2015 FARM TOUR

THE TOUR
In partnership with local farms, Florida Organic Growers and friends bring you the 2nd annual Sow It Grows Farm Tour, to be held on April 25 and 26, 2015 in the Gainesville, Florida area. The creation of this farm tour is with the intention to better connect farmers and consumers, increase the capacity of the local farming community, and to create a more viable and vibrant local food system. Visitors are able to see the reality of where their food comes from and what life is like on sustainable, small farms. The hope is that the relationships built from these interactions will translate to a more informed and lasting customer base.

TIPS
- Budget your time wisely. You may only be able to visit a few farms.
- Bring a map.
- Carry cash for personal purchases.
- Bring a cooler if you plan to buy fresh produce, eggs or meat.
- Wear closed toe shoes.
- Bring a hat, sunscreen, water and a camera.

RULES
- No early admission into farms.
- No pets, please.
- Drive with caution.
- Watch your children.
- Do not enter private locations on the farms.

FLORIDA ORGANIC GROWERS

Look for these icons to help plan your outings:

- Restrooms available
- Meals available for purchase
- Goods for sale
- Complimentary refreshments
- Animals
- On Facebook

SUGGESTED TOURS

CENTRAL
Saturday, April 25th, 2-6pm
Total miles = 7.5

1. Siembra Farm - *500 feet to next stop*
2. Crazy Woman Farm - *3 miles to next stop*
3. Downtown Farmers Garden - *0.5 miles to next stop*
4. Porters Community Farm & 5. Gainesville Compost at Porters Community Farm - *2 miles to next stop*
6. UF Community Farm Student Gardens - *2 miles to next stop*
7. Rainbow Star Farm

NORTH AND WEST OF TOWN...
Sunday, April 26th, 1-5pm:
Tour total miles = 64

8. SunFlower Acres CSA & Transition Learning Farm - *15 miles to next stop*
9. Swallowtail Farm - *7 miles to next stop*
10. Glades Ridge Goat Dairy - *30 miles to next stop*
11. Laughing Chicken Farm - *12 miles to next stop*
12. Williams Family Farm

EAST OF TOWN
Suggested Tour for Sunday, April 26th, 1-5pm:
Tour total miles = 36

13. Forage -*13 miles to next stop*
14. Frog Song Organics - *23 miles to next stop*
15. Cognito Farm

1 SIEMBRA FARM

2033 SE 23rd Place
Gainesville, FL 32641

Saturday, April 25, 2:00-6:00pm

Siembra Farm is a small, organic, family farm located in Gainesville, Florida. We offer a weekly CSA(Community Supported Agriculture) membership that gives the consumer a direct connection to the food they eat and allows the farmer to prioritize sustainable farming techniques and maximum nutrition. We strive to grow food that is nutritious and natural while practicing sustainable, small scale farming techniques that preserve soil, air and water.

Directions: We are located off SE 15th Street two miles from downtown. Take University Ave east, stay right and merge onto Hwy 20, turn right onto SE 15th Street. Go approximately 2 miles to SE 23rd Place, turn left. Follow back to barn with solar panels.

www.SiembraFarm.com

2 CRAZY WOMAN FARM

2205 SE 23rd Place
Gainesville, FL 32641

Saturday, April 25, 2:00-6:00pm

Sunday, April 26, 9:00am-1:00pm

A 25 acre homestead farm that produces organic meat; chicken, rabbit, pork. We host a friend's dairy cow and a goat named Buddy. Sustainable building practices on our 800 sq.ft. home include solar panels and water catchment system. Other items of interest are a composting toilet, solar food dehydrator, abattoir, greenhouse for tropical fruit, orchard, gardens and pasture. We believe in the agrarian renaissance of local food production. We process animals with our hands and offer gratitude for taking their lives. We share knowledge and spread inspiration for agricultural actions that build resilience in our community. We believe food is the center of community and should be raised with harmonious practices that sustain the land and provide dignity to all life. We also host the Edible Plant Project, a 501 c 3 that promotes planting edible plants in every yard. Plants will be for sale a very reasonable prices.

Directions: We are located off SE 15th Street two miles from downtown. Take University Ave east, stay right and merge onto Hwy 20, turn right onto SE 15th Street. Go approximately 2 miles to SE 23rd Place, turn left. Go 1/2 mile down the diret road to the last gate.

LEED certified house

DOWNTOWN FARMERS GARDEN 3

12 SE 1st Street
Gainesville, FL 32601

Saturday, April 25, 2:00-6:00pm

Common Garden Pests workshop at 2PM

The Downtown Farmers Garden (DFG) is a living classroom that donates its food to charity and is located at the Alachua County Administration Building in Gainesville, FL. An abundant variety of tropical fruit trees, edible perennials and native pollinator plants are grown on site. The garden offers free gardening workshops and community workdays hosted by Florida Organic Growers, Forage and Gainesville Compost. DFG serves as an educational and demonstration garden providing inspiration on how to incorporate edible plants into urban landscapes.

Directions: DFG is located on the west side of the Alachua County Administration Building, 12 Southeast 1st Avenue Gainesville, FL. Street parking is available around the Emiliano's and Harry's parking area or in the parking garage next to Volta Cafe on SW 2nd St.

4 PORTERS COMMUNITY FARM

518 SW 3rd Street
Gainesville, FL 32601

Saturday, April 25, 2:00-6:00pm

Hogtown HomeGrown Cooking Demo at 5PM

The primary mission of the Porters Community Farm is to grow and donate fresh organic vegetables to St. Francis House – a transitional home for the homeless. St. Francis House operates a soup kitchen that supplies lunch to 200 individuals every day. We feel fortunate to be able to contribute nutritious vegetables to those meals! In the fall of 2014, we launched the Porters Youth Gardening Project. Youth from the Porters Community Center spend one afternoon each week growing veggies and flowers. The Farm also includes a community garden. Volunteers have contributed over 2,800 work hours to the Farm. Without community support, the farm could not achieve its goals.

Directions: From the intersection of W. University Avenue and Main Street, head south on Main Street. Turn right at SW 5th Avenue, heading west. Turn left onto SW 3rd St. The farm will be on your right, across from S&S Cleaners.

http://www.foginfo.org/our-programs/porters-communi-

GAINESVILLE COMPOST 5

518 SW 3rd Street
Gainesville, FL 32601

Saturday, April 25, 2:00-6:00pm

Basics of Communitiy Composting Workshop

Our Composting Center at Porters Community Farm is one of several composting sites throughout a distributed network. In partnership with Florida Organic Growers at Porters Community Farm, Gainesville Compost has installed small-scale industrial composting systems for processing restaurant and residential food waste, which is all collected with bicycles and trailers. The finished product is shared with the farm and sold as a product to local gardeners. Come learn about the technology and methodology behind this innovative community-based composting operation.

Directions : From the intersection of W University Avenue and Main Street, head south on Main Street. Turn right at SW 5th Avenue, heading west. Turn left onto SW 3rd St. The farm will be on your right, across from S&S Cleaners.

http://gainesvillecompost.com

6 UF COMMUNITY FARM STUDENT GARDENS

Student Ag Gardens on Museum Road
Gainesville, FL 32611

Saturday, April 25, 2:00-6:00pm

Tours throughout the event.

The UF Community Farm is a space designated to provide students opportunities in cooperative farming techniques rooted in sustainability and urban agriculture. Both the Student Gardens and Teaching Farm provide students with opportunities to get hands-on learning experience and demonstration outside of the classroom.

Directions: From downtown Gainesville, drive (or bike) west towards the University. turn left on Gale Lemorand Drive. Pass the stadium and CHOMP dining. Turn right on Museum road. Drive for ~1 mile past Hume Hall, Frat row and Baby Gator. After passing the sign for Correy Village, a blue UF sign for Student Agricultural Gardens will be seen on your immediate right. Turn onto the gravel driveway. You have arrived!

RAINBOW STAR FARM 7

3650 SW 24th Avenue
Gainesville, FL 32607

Saturday, April 25, 2:00-6:00pm

Tours available from 2pm-6pm

We started organically farming on our property in 1971 before there was any development in the area that is now Butler Plaza. We grow a variety of fruit trees including peaches, apples, pears, plums, persimmons, jujubes and a variety of seasonal vegetables. We also raise chickens.

Directions: Off of SW 34th St just North of Lowes, turn West on to SW 24th Ave. Go 4 blocks and turn right just before the produce stand.

8 SUNFLOWER ACRES CSA & TRANSITION LEARNING FARM

3811 NW 177 Avenue
Gainesville, FL 32609

Sat, April 25, 2:00-6:00pm, Compost Tea Wksp at 2PM

Sun, April 26, 1:00-5:00pm, Vermiculture Wksp at 1PM

When you arrive at SunFlower Acres, you'll be greeted by our signature field of Sun Flowers on your right, and annual veggie gardens on your left. SunFlower Acres is a biodiverse farm started 41/2 years ago using a no-till garden method. We build the soil by regularly adding organic material, mulching, cover crops, and brewing our own compost tea. We like to say we're growing soil - not veggies!

Directions: Go north on state road 121 about 8 miles from 441, pass the blinking light at Rogers Farm. Go one more mile, turn right on NW 177 Ave., the third mail box on the right. If you get to the church, you've gone too far.

HAILE FARMERS MARKET

Supporting local farm families since 1996

Every Saturday 8:30 am to Noon

Join us every Saturday morning along the tree-lined streets of Haile Plantation Village. Our market features all your favorite local farmers, baked goods, prepared foods, meats and fish, cut flowers, plants, crafts and more!

http://www.hailefarmersmarket.com/

SWALLOWTAIL FARM 9

17603 NW 276th Lane
Alachua, FL 32615

Sunday, April 26, 9:00am-5:00pm,

Tours offered at 10AM, 12PM, 2PM, 4PM

Swallowtail Farm is located north of Alachua, along a fertile ridge of highland soil that crests the spine of Florida. Swallowtail was started six short years ago by Noah Shitama with the mission of building community and sustainably growing clean and nutritious food. Swallowtail has a vibrant 200 member CSA program where folks share in our bountiful veggie harvest all season long. We raise laying hens for eggs, sheep, pigs, and are beginning a new creamery adventure with the help of some lovely Jersey Cows. We host monthly Farm to Table Dinners throughout the growing season featuring talented local guest chefs. We love to have school groups and volunteers come out to the farm whenever possible. Please stop by, we would love to show you around!

Directions: From Gainesville, take 75N to exit 404. Turn left, (east) onto CR 236. Turn left onto CR 1491. At the T, make a left. You will go around a share bend to the right. The farm is at the bottom of the hill on the right. NW 276th Lane.

http://swallowtailcsa.com/

10 GLADES RIDGE GOAT DAIRY

6395 SW 63rd Street
Lake Butler, FL 32054

Sunday, April 26, 1:00pm-5:00pm

Milking and Cheese-making Demonstrations

Glades Ridge Goat Dairy began offering raw goat milk, cheese, and free range eggs at the Alachua County Farmers Market in 2009. As our dairy herd grew and our milk supply increased, we decided to make our own raw goat milk yogurt and kefir. We expanded to the Union Street Farmers Market and began offering naturally raised goat meat, lamb, and pork. All of our meat is processed humanely and locally. We frequently receive compliments on the quality and taste of our meat products, especially the sausage and bacon. Our organically grown fruit and produce include plums, Asian pears, peaches, roselle, cabbage, onions, spinach, lettuce, okra, and pecans. We now offer Goat Milk Fudge and Goat Cheese Truffles in a variety of popular flavors.

Directions: From I-75: North to Exit 404. Make a left at the end of the exit ramp. Stay on CR 236 to the first stop/blinker light. Make a left on CR 241. Head north on 241 to the first stop. Make a left and travel west on CR 18 for a short distance to the 2nd paved road. That's CR 791. Make a right and head north on 791 for 1.2 miles to SW 63rd Street. We are first place on the left: 6395 SW 63rd Street - you'll see a big green barn. Park along the road. Handicapped parking is available by the barn.

www.gladesridge.com

FDACS Feed Master Permit

11 LAUGHING CHICKEN FARM

2397 SE 37th Avenue
Trenton, FL 32693

Sunday, April 26, 1:00pm-5:00pm

We are a Pastured Poultry farm based on Joel Salatin's Polyface Farm model (Food Inc., The Omnivores Dilemma, etc.). We grow chickens, eggs, turkeys and lambs. You can see the portable coops called "chicken tractors", feed the chickens, and make the big turkeys gobble. Come pet the sheep and see how their wool is turned into yarn with a spinning wheel! Visit Robin's art studio and see her latest paintings and art prints.

Directions: From Gainesville, go west on 39th Ave all the way to where it ends at 241. Take a Right (North) Then take a Left on NW 78th Ave.(West) which is also 232. Go to the third blinking yellow caution light at SR 47. Take a Left, go one quarter mile, then turn left onto SE 17th Trail. This is a dirt road. The second street on the Right is our street, SE 37th Ave. Go all the way to the end. The street becomes our driveway.

laughingchickenfarm.com

12 WILLIAMS FAMILY FARM

210 SE 95th Place
Trenton, FL 32693

Sunday, April 26, 9:00am-1:00pm

Williams Family Farm specializes in log-grown shiitake mushrooms. We have always been into eating good food and growing and harvesting meats and vegetables. We started growing mushrooms as a hobby. One thing led to another and now we are involved in commercial mushroom production.

Directions: Head west on State Road 26 from the Newberry/Gainesville exit. Go through Jonesville and Newberry to get into Trenton. Turn left on County Road 319 and go about 1 mile. Turn left on 95th Place. We are the third house on the left.

13 FORAGE FARM

7204 SE County Road 234
Gainesville, FL 32641

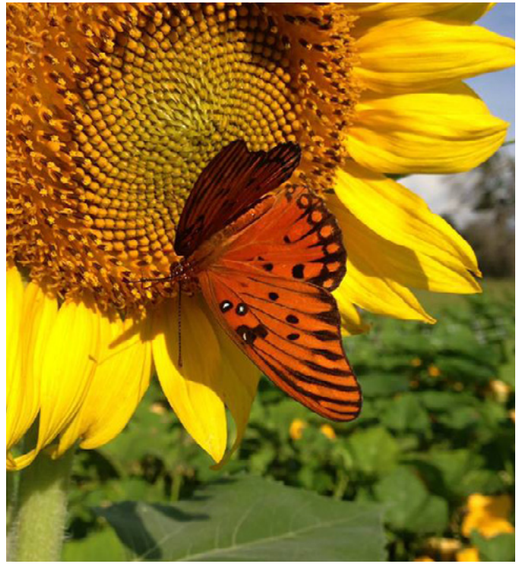
Sunday, April 26, 1:00pm-5:00pm; Tours given every hour

Seed-saving workshops at 2 and 4PM

Forage is a non-profit organization with a small, sustainable farm located east of Gainesville on the beautiful Prairie Creek Preserve. The farm is leased from Alachua Conservation Trust, so it's surrounded by natural lands and wildlife, that include several walking trails. We focus our efforts on food and gardening education, with a real passion for protecting and proliferating southern crops by saving seeds. Most of what we grow are crops we are testing out for their viability, and crops we intend to save seeds from. Come visit our farm and learn about our efforts and see some of the cool varieties we're trying!

Directions: FROM GAINESVILLE, From Main St & University Ave, head east on E University Ave (go 1.1 mi). Next, make a slight right onto FL-20 E/ SE Hawthorne Rd. Follow SE Hawthorne Rd. for 5 miles. Turn right onto Co Rd 2082 (go 1.3 mi) and turn right onto Co Rd 234 (go 1.0 mi). Turn right about a mile up the road, at the wooden Alachua Conservation Trust sign. Drive straight down the dirt road through the gate and take a right when the road forks. The farm will be on the right.

www.foragefarm.org



14 FROG SONG ORGANICS

4317 NE US Highway
Hawthorne, FL 32640

Sunday, April 26, 1:00pm-5:00pm

Guided tour available at 2pm

Certified Organic, diversified, year-round production farm with veggies, fruits, laying hens, University of Florida organic research trials and more! We started in 2011 with under 5 acres and now produce food for over 100 CSA members, four farmers markets and many restaurants from over 28 acres of land in Alachua County. We employ over seven full time staff with benefits and our goal is to increase the availability of healthy food in our community while sustaining meaningful jobs.

Directions: Head East on 39th Avenue past the airport. Continue east on 222/26. Take the left hand turn off for Hwy 301 at Orange Heights BEFORE the overpass to Melrose. Continue over the railroad tracks. Take a right to go South toward Hawthorne on Hwy 301 at the traffic light with 2 gas stations. We are located 2 miles south of SR 26 directly on Hwy 301, left hand (East) side of the road. Come in the gate and please park along the side of the accessroad and do not block pathways. No smoking please and thank you for leaving pets at home.

www.frogsongorganics.com

QCS certified organic

15 COGNITO FARM

18806 NE 21 Pl
Starke, FL 32091

Saturday, April 25, 2:00-6:00pm

Pasture based animal farm. We produce pasture raised eggs, poultry (chicken and turkey), pork and grass fed beef. All of our animals are grazed rotationally and all of the chickens are fed verified non-GMO feed. We use nothing unnatural on the land or in the animals. No medication, hormones, or antibiotics.

Directions: Take NE SR 24 north east out of Gainesville towards Waldo. When you get to Waldo, turn right (north) onto US 301 towards Starke. Drive through Starke and once you leave, turn right (east) at the fireworks store (NE 185th St). Drive 1 mile and the farm is on the left. There will be signs out front.

http://www.cognitofarm.

THANK YOU TO

OUR SPONSORS

FLOWER SPONSOR

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SEEDLING SPONSOR

"The soil is the great connector of lives, the source and destination of all. It is the healer and restorer and resurrector, by which disease passes into health, age into youth, death into life. Without proper care for it we can have no community, because without proper care for it we can have no life."

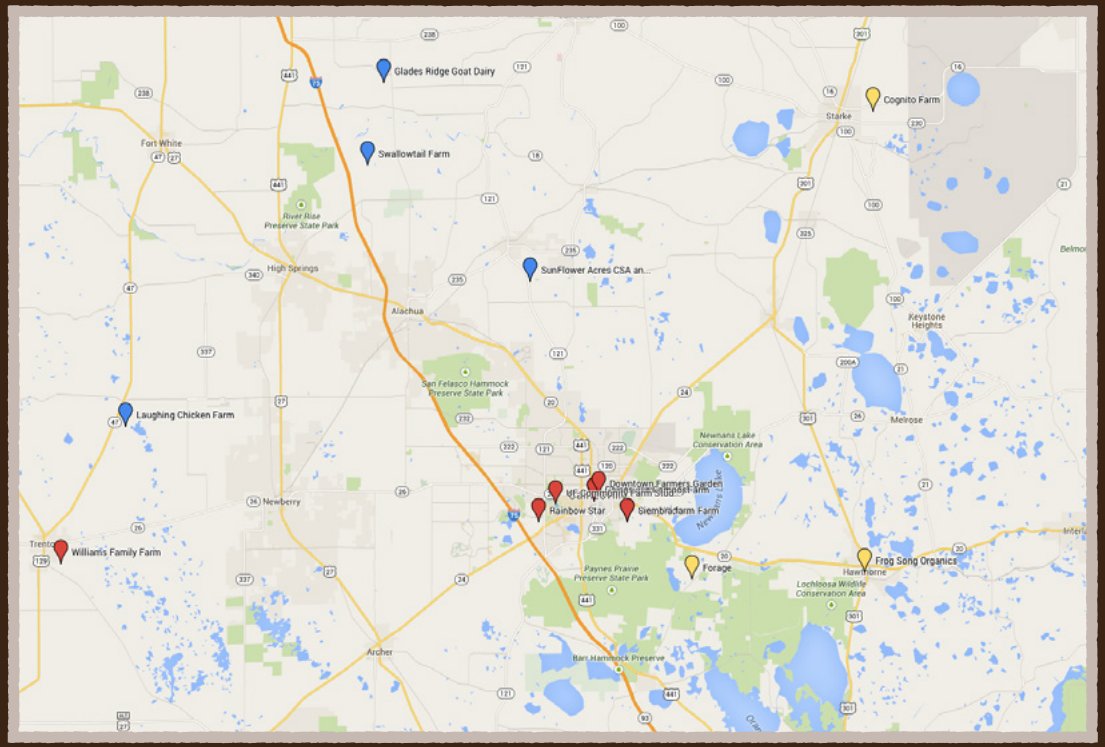
Wendell Berry, The Unsettling of America: Culture and Agriculture

COURTESY OF NANCY DEREN

ALTA

SEED SPONSOR

JONI ELLIS, CRAZY WOMAN FARM



Use our interactive google map to plan your tour!

http://goo.gl/3PeCJG